

**Patricia Hanes Meyer, LCSW, BCD, DAPA**  
**Curriculum Vitae**  
**2013**

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Web: phmlcsw.com  
Date and Place of Birth: February 10, 1947; Champaign, Ill.

Education:

Carroll College, Waukesha, Wis., 1969, BA  
Catholic University of America, Washington, DC, 1976,  
MSW of Psychiatric Social Work

Professional Experience:

1976-current

Private Practice: Individual and Family Psychotherapy; Organizational Consultation;  
Family Meditation; Parent Coordination

1976-1984

Clinical Instructor, Department of Psychiatry, Georgetown University Family Center,  
Georgetown University Medical School

Responsibilities:

Designer/Coordinator, advanced training section of core postgraduate training program

Organizer/Presenter, annual conference on children

Designer/Primary Instructor, community course

Coordinator, Center's weekly consultation conference

Liaison Coordinator, Center's participation in The Georgetown University Hospital

Mental Health Inpatient Conference

1977-1984

Advisory Editor, *The Family*, a Journal of Family Systems Theory and Practice

1977-2009 (Program cut from Fairfax County Budget)

Consultant, Fairfax County Juvenile and Domestic Relations Court

Responsibilities:

Spent one half day each month teaching, training, and reviewing cases with the Court  
therapists

1972-1974

Consultant, Fairfax County Crossroads Drug Abuse Program

Responsibilities:

Developed curriculum and instruction of nine-month Family Life Education program for parents of adolescent program participants.

1970-1977

Director, Family Therapy, Fairfax County Juvenile and Domestic Relations Court

Responsibilities:

Developed and directed LEAA Grant, a federally funded grant program that evolved from pilot project into permanent county program. Involved administration, supervision and training for all program aspects.

Special Appointments, Honors, Awards:

2007-current: Fellow, American Psychotherapy Association

2005-current: Board Certified Diplomat in Clinical Social Work

2000: Strathmore's *Who's Who*

1999-current: Diplomat, American Psychotherapy Association

1997-current: *Who's Who in the South*

1981-current: *Who's Who of American Women*

1978: Charter Member, American Family Therapy Association

Research Experience:

Principle Investigator of research project, "Education as a Vehicle for Therapeutic Change," Fairfax County Crossroads Drug Abuse Program, 1972-1974.

Research project for thesis, "Birth Order and Juvenile Delinquency: An Attempt at Association," Catholic University of America, 1976.

Published Articles, Papers, Chapters and Videotapes:

Articles-

2005 "The Importance of the Practice Environment," *Annals, American Psychotherapy Association*, Vol. 8, No. 1, Spring 2005.

1979 "The Legal System and Divorce: Avoiding Chaos, Conflict and Loss of Self-Definition," *Georgetown Medical Bulletin*, pp.16-19, May 1979.

1978 "Talking with Someone Else," *Marriage and Family Living*, pp. 23-25, December 1978.

1978 "Family Systems Therapy," A Path to Coping," *Marriage and Family Living*, pp. 10-13, November 1978.

1978 "Talking with Someone Else," *Marriage and Family Living*, pp. 26-27, October 1978.

1978 "Talking with Someone Else," *Marriage and Family Living*, pp. 22-23, August 1978.

1978 "The Choice in Aging," *The Family*, pp.48-50, Vol. 5, No.2.

1976 "The Education Process: A Vehicle for Bringing Change," *Georgetown Family Symposia*, Vol. 2, Fall.

1976 "The Family and Juvenile Court: A Five Year Report," *Georgetown Family Symposia*, Vol. 2, Fall.

1974 "The Montgomery Family: A Class Study," *The Family*, New York, Vol. 2, No. 1, Fall.

Papers (Presented at Professional and Scientific Meetings):

2012 "Differentiation of Self in the Presence of Chronic Family Symptoms," presented to Western Pennsylvania Family Center *Clinical Forum Series*, Pittsburg, PA, April 2012.

2004 "Maximizing Therapeutic Results: The Benefit of a Systemic Theoretical Approach," presented to The American Psychotherapy Association, Chicago, Ill., October 2004.

2003 "Beyond Psychotherapy: Living Your Unique Self," presented to The American Psychotherapy Association, San Antonio, Texas, August 2003.

1983 "An Evolution of Knowledge: A Focus on Reproduction," presented at the 20<sup>th</sup> Annual Georgetown University Family Center Symposium on Family Psychotherapy, Washington, DC, October 1983.

1982 "The Impact of Sexual Process on a Developing Relationship," presented at the Georgetown University Symposia on Divorce, Washington, DC, January 1982.

1982 “Multigenerational Transmission of Belief: The Contrast Between Self-Directed and Other-Directed Communication,” presented at the Fifth Annual Conference on Children, Washington, DC, February 1982.

1982 “The Cumulative Effect of Failure to Define a Self in a Life Course,” presented at the 19<sup>th</sup> Georgetown University Symposium on Psychotherapy, Washington, DC, October 1982.

1981 “Replication, Compensation and Symptom Location,” presented at the 18<sup>th</sup> Annual Georgetown University Family Center Symposium on Family Psychotherapy, Washington, DC, November 1981.

1980 “Children of Political Families,” presented as a workshop for the Wives Club of the 96<sup>th</sup> Congress, Washington, DC, December 1980.

1980 “Money as a Reflection of Pseudo-Self,” presented at the 17<sup>th</sup> Annual Georgetown University Family Center Symposium on Family Psychotherapy, Washington, DC, November 1980.

1980 “Classical Youngest Functioning Characteristics: A Handicap in Bowen Systems Therapy,” presented at the Georgetown University Family Center Symposium on Birth Order, Washington, DC, October 1980.

1980 “The Family and Delinquency,” presented to the Third Annual Conference on Forensic Psychiatry, Rusk State Hospital, Tyler, Texas, September 1980.

1980 “Ideas on Generational Connectedness,” presented to the Third Annual Georgetown University Family Center Conference on Children, Washington, DC, February 1980.

1979 “Family Theory and Therapy: Their Policy Implications for Children,” presented at the Groves Conference, Washington, DC, April 1979.

1979 “The Four Stages of Family Therapy,” presented to the Center for Family Consultation, Chicago, April 1979.

1979 “The Impact of the Reactive Divorce,” presented at Saint Elizabeth’s Hospital, Washington, DC, March 1979.

1978 “The Legal System and Divorce: Avoiding Chaos, Conflict and Loss of Self-Definition,” presented at the Georgetown University Symposium on Divorce, Washington, DC, January 1978.

1978 “Emotional Scar Tissue: A Foundation for Divorce,” Georgetown University Family Center Conference on Divorce, Washington, DC, January 1978.

1978 "Personal Definition in a Work System: A Focus on Principles," presented to the Georgetown University Family Center Conference on Bowen Theory and Organizational Systems, December 1978.

1978 "Factors in Human Functioning," presented at the 15<sup>th</sup> Annual Georgetown University Family Center Symposium on Family Psychotherapy, Washington, DC, October 1978.

1978 "The Young Hyperactive Child," presented at the Georgetown University Family Center Conference on Children, Washington, DC, September 1978.

1978 "Defining a Self in One's Family of Origin," presented at the Ortho meeting, New York, March 1978.

1976 "Seminar on Family Systems Theory and the Court," presented as an all-day program for Virginia Juvenile Officers District Conference, Norfolk, Va., August 1976.

1976 "Seminar on Bowen Theory and Therapy in a Court," presented as an all-day meeting for the Virginia State Department of Corrections, Richmond, Va., May 1976.

1975 "Probation Officers Reprieve: Parental Responsibility in Resolving Delinquency," presented at the Virginia Juvenile Officers Association State Conference, Manassas, Va., September 1975.

1975 "Separation and Reconciliation: A Focus on Interdependency," presented at the Medical College of Virginia, Richmond, Va., July 1975.

1975 "Birth Order," presented to the Georgetown Family Center monthly professional meeting, July 1975.

1975 "Education as a Vehicle for Therapeutic Change," presented to the Society for Family Therapy and Research, Stowe, Vt., June 1975.

1975 "The Development of Human Values: The Task of the Family," presented at the World Future Society, Second General Assembly, Washington, DC, June 1975.

1975 "Juvenile Court: A Focus on the Military Family," presented to the Walter Reed Social Work Service, Walter Reed Medical Center, May 1975.

1974 "The Family and Juvenile Court: A Judicial Focus," presented to the Blue Ridge Mountain Juvenile Judges Training Institute, Ashville, N.C., August 1974.

1973 "Seminar on Family Systems Theory," presented as an all-day program for the Virginia State District 5 Virginia Juvenile Officers Association, Charlottesville, Va., November 1973.

1973 “The Step Further: A Research Project with Child-Focused Families,” presented at the Georgetown University Department of Psychiatry Annual Family Therapy Symposium, Washington, DC.

1973 “Family Systems Therapy Pilot Project,” presented at the Virginia Juvenile Officers Annual Meeting, Roanoke, Va.

1973 “Family Systems Therapy Program in a Court Setting,” presented at the Institute for Criminal Justice Executives,” Chicago, Ill.

#### Chapters:

2014 “Differentiation of Self in the Presence of Chronic Family Symptoms,” Differentiation of Self: Bowen Family Systems Theory Perspectives. Rutledge,

2005 “The Therapist’s Own Family,” Collection of Chapters on Bowen Theory, Moscow 2005 (in Russian).

1998 “Bowen Theory as a Basis for Therapy,” Clinical Applications of Bowen Family Systems Theory, Haworth Press, Inc., New York.

1987 “Patterns and Processes in a Therapist’s Own Family Work: Knowledge Required for Excellence,” The Therapist’s Own Family, Aronson Publishers, New Jersey.

1980 “Between Families: The Unattached Young Adult,” The Family Life Cycle, Garner Press, New York.

#### Videotapes:

1981 Techniques in the Application of Systems Theory Series:

“The Four Phases of Therapy”

“The Process of Change”

“Resistance in Systems Therapy”

“The Application of Theory”

1980 “Through the Lens of Theory: The Child-Focused Family”

1975 “The Process of Defining an “I Position”

#### Available Seminars and Lectures:

The Journey to Solid Self: A Life of Joy and Responsibility

“Functional Characteristics of Leaders and Champions”

An all-day seminar based on theory and film clips from the movie, “Gettysburg.”

“The Bowen Theory Concept of Differentiation”

Available as an all-day seminar or 8-session series.

“The Role and Function of a Mission Statement”

Available as an all-day seminar or 8-session series

“Living Your Authentic Self”